



**D R A F T**



# GCSE

## **HOME ECONOMICS** Food and Nutrition

A flexible and practically work-based qualification for both teachers and students alike.

Our specification focuses on broader areas of nutrition, diet and health, including food hygiene and safety, food storage, preparation and cooking.

## What's happening to GCSEs?

### OCR is offering new GCSEs for first teaching in September 2009\*.

We've taken this opportunity to improve the quality of our GCSEs for teachers and learners alike.

We've made improvements in three key areas: updated and relevant content, a focus on developing students' personal, learning and thinking skills, and flexible assessment, so teachers can choose the best learning approach for the job.

We want to make the introduction of these new GCSEs as easy for you to manage as possible.

#### The main changes are:

- Controlled assessment will be introduced for most subjects
- The opportunity will be taken to bring course content up to date
- Examinations should provide opportunity for extended writing and more varied question types
- All GCSEs will meet the requirements of the Disability Discrimination Act.

Our approach is to provide consistency across all our GCSEs by offering the flexibility that unitised qualifications bring, allowing teaching and assessment in either a linear or unitised fashion.

\*Not all GCSEs are changing. There are a few exceptions: the new Science GCSE was introduced in 2006. New English, English Literature, ICT and Maths GCSEs will be offered for first teaching in 2010.



### Improving GCSE Home Economics: Food and Nutrition with OCR

We've involved teachers throughout the development process, so the new specifications, support materials and schemes of work should be exactly what you need to teach OCR GCSE Home Economics: Food and Nutrition. To ensure accuracy in our content, we've also consulted subject associations, professional membership groups, subject societies and other subject experts.



#### Our GCSE Home Economics: Food and Nutrition offers:

- Reduced administration through electronic submission of controlled assessment
- An option for up to 60% of student assessment to be completed before the end of the two-year course
- Assessment on the quality of written communication in Units B002 and B003.

#### Making change easy

We'd like to make these changes as easy for you to manage as possible. To minimise disruption, we will:

- Guide you through the process of moving to OCR
- Bring you the latest information through our Focus on 14–19 magazine and our new website [www.GCSEchanges.com](http://www.GCSEchanges.com)
- Show you approved specifications one year ahead of first teaching, so you have plenty of preparation time
- Offer you a range of OCR support materials, including schemes of work and sample assessment materials, as we did with GCEs
- Make OCR's publisher partner resources – tailored to the new specifications – available from January 2009
- Endorse a variety of published resources, giving you a wider choice of quality support materials.

We're also running extra INSET and training courses across the UK, so now it's even easier to discover how OCR has developed its specifications.

## Controlled assessment

While reviewing GCSEs, QCA looked into the coursework element of the current qualifications and decided to introduce controlled assessment as an alternative to coursework. This will address some of the issues raised in recent coursework reviews, such as plagiarism.

Controlled assessment has to be done in a supervised environment. However, if the task has a research element, the student may complete this without supervision.



The benefits of controlled assessment include:

- More straightforward marking – for most subjects, we provide worksheets for students to complete
- Improved reliability and validity
- Varying levels of control, to help you manage the assessments and your time more easily
- Greater confidence in authenticating students' work as their own
- Greater ease in fitting assessments into your normal teaching programmes.

For GCSE Home Economics: Food and Nutrition, controlled assessment means:

- Task setting – One investigative short task title and two practical tasks must be selected from a number of comparable titles provided by OCR within the specification.
- Task taking – OCR has provided clear guidance to centres within the specification regarding authenticity, feedback, time and collaboration control and access to resources.
- Task marking – Centres use OCR marking criteria to mark the controlled assessment which is then forwarded to OCR for moderation.

We will review our controlled assessment tasks every two years.

## Flexible assessment

The assessment for the new OCR GCSEs is organised into units which can either all be taken at the end of the course in a linear fashion, or be used to complement a more unitised approach to teaching and learning. This gives you the flexibility to choose the assessment approach best suited to your centre and your students. A unitised structure gives you the flexibility to co-teach short and full courses.

We already offer assessments that are organised into units at A Level and for some existing GCSEs. For many subjects, assessments will be available twice a year. Flexible assessment means:

- You will have a choice of learning approaches – linear or unitised
- The assessment can be timed to match the point of learning within the course, making it easier for candidates to show what they know, understand and can do
- Students can re-sit a unit rather than repeat the entire assessment
- Some students are motivated by ongoing feedback and this helps them identify their learning needs
- A unitised approach makes it easier for students to stay on track with their studies and manage their time effectively
- The pressure of an 'all or nothing' assessment is removed
- Examination stress is reduced by permitting assessment over a longer period so that not all assessments are concentrated in a narrow window at the end of two years

- With a similar format to A Levels and Diplomas, GCSEs will help prepare students for the next phase of their education.

To ensure that the assessment supports the coherence of the GCSEs and there is no over-assessment, QCA has put two rules in place: 40% of the assessment must happen at the end of the course and only one re-sit of each assessment unit is allowed.

**You may know 'unitised' as modular.**

## GCSE Home Economics: Food and Nutrition

Unit title and description	Assessment including duration	Weighting
<b>Unit B001: Food and Nutrition Short Tasks</b> <ul style="list-style-type: none"><li>• Candidates complete <b>three</b> short tasks all of which are set OCR tasks</li><li>• All <b>three</b> tasks should demonstrate different practical skills and knowledge.</li></ul>	Controlled assessment 3–4 hours per task	30%
<b>Unit B002: Food Study Tasks</b> <ul style="list-style-type: none"><li>• Candidates complete one Food Study Task which will assess a variety of skills</li><li>• Candidates will choose a set OCR theme as a basis for the study.</li></ul>	Controlled assessment 20 hours	30%
<b>Unit B003: Principles of Food and Nutrition</b> <p>Candidates are required to answer five compulsory questions to include short answers and free response formats. Subjects include:</p> <ul style="list-style-type: none"><li>• Nutrition and health</li><li>• Food commodities</li><li>• Meal planning</li><li>• Food preparation and cooking</li><li>• Food safety and preservation</li><li>• Consumer education.</li></ul>	Written examination 1 hour 30 minutes	40%

### Assessment objectives

The assessment objectives are designed to reflect the non-statutory guidelines for Home Economics: Food and Nutrition.

Candidates are expected to demonstrate the following in the context of the content described:

#### AO1

- Recall, select and communicate their knowledge and understanding of a range of contexts.

#### AO2

- Apply skills, knowledge and understanding in a variety of contexts and in planning and carrying out investigations and tasks.

#### AO3

- Analyse and evaluate information, sources and evidence, make reasoned judgements and present conclusions.



## What changes, and what stays the same?

	What changes?	What stays the same?
<b>Short Tasks</b>	<ul style="list-style-type: none"> <li>• 30% controlled assessment</li> <li>• Three short tasks to be completed</li> <li>• Two of the short tasks will assess the following skills: planning, practical work and evaluation</li> <li>• The third task will assess investigation skills</li> <li>• The three tasks should demonstrate different practical skills and knowledge</li> <li>• 3–4 hours per task</li> <li>• Assessment criteria have been clarified.</li> </ul>	<ul style="list-style-type: none"> <li>• Internally assessed</li> <li>• Postal moderation</li> <li>• Candidates are still required to demonstrate planning, practical and investigative skills and evaluation skills</li> <li>• Practical items are not required for moderation purposes</li> <li>• Evidence of practical work is still necessary in the form of photographic evidence and written work</li> <li>• Each task is marked out of 20.</li> </ul>
<b>Food Study Task</b>	<ul style="list-style-type: none"> <li>• 30% controlled assessment</li> <li>• The Food Study Task will assess the following skills: research, selecting and justifying choices, planning, practical work and evaluation</li> <li>• 20 hours for completion</li> <li>• The assessment criteria have been clarified and the marks have been allocated differently to the current specification.</li> </ul>	<ul style="list-style-type: none"> <li>• Internally assessed</li> <li>• Postal moderation</li> <li>• Candidates submit one Food Study Task</li> <li>• 60 marks</li> <li>• Quality of written communication is assessed</li> <li>• Candidates are required to complete a log of practical work.</li> </ul>
<b>Principles of Food and Nutrition</b>	<ul style="list-style-type: none"> <li>• 40% external assessment</li> <li>• Un-tiered written paper</li> <li>• 1 hour 30 minutes for completion</li> <li>• Candidates required to answer five compulsory questions</li> <li>• Specification content has been modified.</li> </ul>	<ul style="list-style-type: none"> <li>• Externally assessed</li> <li>• Questions include short answers, picture stimulus, data response, structured and free response format</li> <li>• Questions will cover all aspects of the specification content</li> <li>• Quality of written communication is assessed.</li> </ul>

## Support for GCSE Home Economics: Food and Nutrition teachers

OCR offers a range of support materials, developed following extensive research and consultation with teachers. We've designed them to save you time when preparing for the new specifications and to support you while teaching them.

Our support materials and events include face-to-face training courses, schemes of work that you can customise, endorsed publisher partner resources, access to teacher and examiner networks (both online and offline), plus an extensive past-papers service.

### OCR's online resources include:

- E-communities – online networks of subject specialists for sharing knowledge, views and ideas
- Interchange – a completely free and secure website that helps you carry out the administrative tasks associated with examinations quickly and easily
- Past examination papers
- Marking schemes
- Subject e-alerts – for teachers who register for updates.

We offer a wide range of training courses in the UK, so you have easy access to information about our new specifications – direct from the experts. See over for more details.



## Training for OCR GCSE Home Economics: Food and Nutrition

Our Get Ready events offer a taste of the new specification. Dates are given below, and you can book your place now at [www.GCSEchanges.com](http://www.GCSEchanges.com).

Later, we'll be running our Get Started events, which take you through the specification in more detail and help you work towards first teaching. They will take place during the spring and summer terms 2009.

### ***Get Ready – introducing the new specification (first teaching from September 2009)\****

This course is for all teachers – new and experienced – who are interested in finding out more about the new specification. It's open to you, even if you don't teach the current OCR specification.

It's a **FREE** half-day session, including refreshments, a light finger buffet and course materials, offering an overview of the new OCR specification in GCSE Home Economics: Food and Nutrition. Key features include:

- A look at the new structure, content and assessment methods
- A comparison between old and new specification content
- An introduction to the support and resources available from OCR
- A summary of the benefits of choosing the new OCR specification.

Date	Location	Course code
Wed 9 Jul 08 PM	Birmingham	OHEA102
Mon 14 Jul 08 AM	London	OHEA103
Mon 29 Sept 08 PM	Leeds	OHEA106
Fri 10 Oct 08 PM	London	OHEA108
Tues 11 Nov 08 AM	Birmingham	OHEA109
Fri 16 Jan 09 AM	London	OHEA111
Tues 24 Feb 09 PM	Birmingham	OHEA114

Please note:

- Free OCR Training courses will not incur any penalty fees however, so that we can offer your place to another delegate please notify us in good time of your course cancellation.
- Dates are subject to change so please ensure you read your booking confirmation and web updates as OCR Training cannot be held responsible for delegates who attend on an incorrect date.
- Courses throughout summer 2008 and autumn 2008 terms may be based on the draft specification.
- \*The times of these courses may vary from the standard advertised time.
- Delegates may attend an AM only session, PM only session or both AM and PM sessions, where two different specifications are being covered on the same day.
- On your booking form, you must put course codes for all sessions you wish to attend, failure to do so may result in you being booked onto incorrect sessions.

## Publishing support for GCSE Home Economics: Food and Nutrition teachers

We're working with publisher partner Hodder Education to provide further resources to support teachers of the new specification.



To find the latest information on published resources, please visit [www.ocr.org.uk/foodandnutrition/newgcse](http://www.ocr.org.uk/foodandnutrition/newgcse) and choose published resources from the right-hand menu.



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